



Keeping your child safe online.

Talk to your child



- Find a good time and place
- Think about how you are going to introduce the subject
- Explain any worries you may have

Listen. Don't judge. Learn...

- Where do they go online?
- What do they like?
- What don't they like?
- Make sure they know they can come to you



Cheshire Police Support Pages



Internet Safety

[Home](#) / [Advice and Support](#) / [Children and Young People's Safety](#) / [Internet Safety](#)

These days, children, are completely immersed in the culture of the web. They spend a lot of time gaming, doing homework, buying goods and chatting to friends online.

Because of their consistent online presence they are vulnerable to criminals.

How you can help reduce the risk

- Try to put the computer in an easy to see place in the home so that you can **monitor what sites your child is visiting**
- **Check out the websites** your child is using, just like you'd check out a school or a youth group they might visit. Have a look and make a judgement whether you think it is a safe environment for them to be involved in.
- Set up **reasonable guidelines and limits** for internet usage. Understand that it may be a big part of their life but that it needs to be regulated
- **Explain to your children** why it is important for them **never to give out personal details** or post pictures of themselves publicly, just like you would when you explain to them not to talk to strangers

Also in this section

- > [Children and Young People's Safety](#)
- > [Child Abuse](#)
- > [Bullying](#)
- > [Safer Schools and Young People Partnership](#)
- > [Child Sex Offender Disclosure Scheme](#)
- > [Child Exploitation \(CE\)](#)

Recommended

<https://www.cheshire.police.uk/advice-and-support/children-and-young-peoples-safety/>

<https://www.cheshire.police.uk/advice-and-support/internet-safety-and-security/our-5cs-guide-to-staying-safe-online/>

<https://www.cheshire.police.uk/>

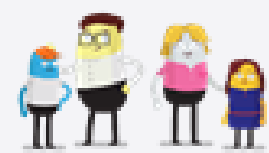
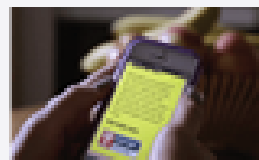
What is Thinkuknow?



Thinkuknow is the education programme provided by CEOP.

Thinkuknow offers resources for different audiences:

4-7	8-10	11-13	14+	Parents and Carers
Resources for those with special educational needs and disabilities (SEND)				



Visit www.thinkuknow.co.uk for information and advice

www.parentinfo.org



Search for articles e.g. gaming



[Home](#) [Advice](#) [Partners](#) [Schools](#) [About](#)

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Help and advice for families in a digital world

Parent Info is a collaboration between [Parent Zone](#) and [NCA-CEOP](#), providing support and guidance for parents from [leading experts and organisations](#).

www.parentinfo.org

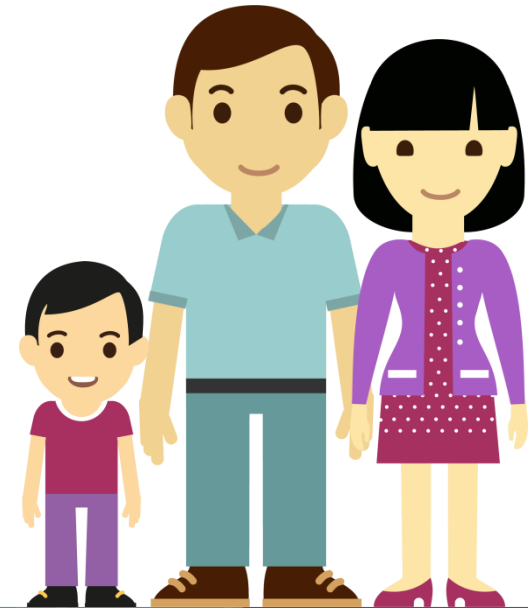
What can you do?



- Talk to your child about their life online
- Make sure your child knows they can always come to you for help and they won't be blamed
- Don't threaten to ban technology

Practical steps you can take

- Create a family agreement and regularly review
- Primary aged children should only be live streaming and gaming in public rooms
- Use parental controls
- Report any concerns to local police, CEOP or the NSPCC



Inappropriate images online.



<https://www.lucyfaithfull.org.uk/stop-it-now-helpline-campaign.htm>

<https://www.iwf.org.uk/>

An estimated 100,000 people in the UK view sexual images of children online.

VIEWING AND SHARING SEXUAL IMAGES OF ANYONE UNDER 18 IS ILLEGAL
#STOPITNOW

Are you one of them?

WE CAN HELP YOU STOP. OUR ANONYMOUS SUPPORT HAS HELPED THOUSANDS.

VISIT get-help.stopitnow.org.uk OR CALL THE CONFIDENTIAL STOP IT NOW! HELPLINE ON 0808 1000 900



Our vision

Our vision is to eliminate child sexual abuse imagery online.

Our remit is to remove:

- Child sexual abuse content* hosted anywhere in the world.
- Non-photographic child sexual abuse images hosted in the UK.

Staying up to date



A blue rectangular box containing social media and website information. It includes the Twitter icon with "@CEOPUK", the Facebook icon with "ClickCEOP", the ThinkUKNow logo with "www.thinkuknow.co.uk" and "www.thinkuknow.co.uk/parents", and the CEOP logo with "www.ceop.police.uk/safety-centre".

A blue rectangular box with the text "Help your kids stay safe online. Work as a TEAM". Below the text are four icons: a speech bubble labeled "Talk", a magnifying glass labeled "Explore", a checkmark labeled "Agree", and a gear labeled "Manage".

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/share-aware/>

<https://www.net-aware.org.uk>



@CheshireSSYP

<https://www.internetmatters.org/>

The logo for Internet Matters, featuring the text "internet matters.org" in white on a green background. To the right, it says "In partnership with" above the BT logo.

