

[www.discoversocialskills.com](http://www.discoversocialskills.com)

**Discover  
Social Skills**

Dear Parent(s)/Guardian(s),

I am writing to inform you about a social skills support programme available for pupils at Bunbury Aldersey CE Primary School from September 2024.

### **About the Discover Social Skills approach**

The programme teaches specific skills to help pupils manage social situations appropriately such as:

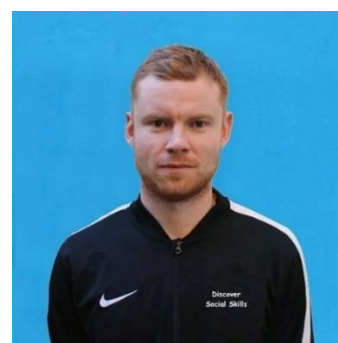
- ***Respecting others personal space***
- ***Starting and maintaining conversations***
- ***Staying on-topic during conversations***
- ***Dealing with making mistakes***
- ***Coping with losing and disappointment***
- ***Taking turns***
- ***Recognising and expressing feelings***

Plus many more skills and specialist self-esteem support if needed.

Lessons are guided by an initial assessment and parent consultation to target specific skill areas where support is most needed. Strategy advice is provided for parents and teachers to successfully embed skills at home and in school. Lessons are provided on a 1:1 or small group basis and are parent funded.

### **About the Coach – Adam Kirkpatrick**

- MA Sociology
- BA (Hons) Coaching and Sport Development
- Over 10 years' experience of supporting pupils with social communication challenges
- UEFA qualified coach
- DBS checked



### **Contact**

If you would like more information or would like to book a place please contact Adam Kirkpatrick at [discoversocialskills@yahoo.com](mailto:discoversocialskills@yahoo.com). Alternatively please see the website for more details and testimonials [www.discoversocialskills.com](http://www.discoversocialskills.com).