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| Bunbury Aldersey CE  Primary School**Rural Church Schools Academy Trust**Gross Motor Skills Progression |
|  | **2 years old** | **3 years old** | **Reception** |
| **Locomotor** | Walk with one foot in front of the otherRunStop safelyJump on two legs on the spot | Tip-toe, Climb wellTry to stand on one foot,GallopJump confidentlyKick a ball (to anywhere)Try to skip Pedal a trike | LeapHopSkipRunWalk backwardsMove around targets and objects with easeRide a scooter and bike |
| **Manipulative** | Bounce (their hands on their knee, hands on their head)Lift items up and lower them downPush wheeled toys Throw a ball (anywhere, not a target) | Kick a ball to a targetCatch a large ballPulling a wheeled toyThrowing whilst aiming for a targetSkittles | Dribble with a ballStrikeCatch arrange of objects eg tennis balls, foam balls, beanbags, Throw overheadKick a ball around a targetPlay garden games – hoopla, giant jenga etc |
| **Stability** | Stand still/freeze when on two legsRide on toys with 4 wheels – balance and begin to move self along with legs. | Jumping from one foot to anotherBend to touch toes without falling overTwist midsection to left and right Balance on a three wheeled toy | Dodging when runningLanding a jump with bent kneesForward rollRide a scooter or balance bike with confidence and safety. |