Fine Motor Skills Progression

|  | 1.5-2 years old | 2-2.5 years old | 2.5-3 years old | 3-3.5 years old | 3.5-4 years old | 4-4.5 years old | 4.5-5 years old | 5-5.5 years old |
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|  | Can put rings on pegs <br> Begins to hold a crayon with <br> finger and thumb Removes pegs from a peg board Marks or scribbles with a crayon/pencil Open loosely wrapped packages Can turn pages in a book one at a time <br> Can build a tower 3-4 blocks high | Manipulates dough with fingers (pinching, rolling, stretching) Can build a tower 4-7 blocks high Makes scribbles on paper Can turn door knobs | Can complete 3 piece puzzles <br> Can build a tower <br> 9 blocks high <br> Can wash hands independently Able to string large beads Able to use a spoon correctly Screw lids on and off containers | Can copy some pre-writing lines (vertical and circle shapes) <br> Able to string $\frac{1}{2}$ inch beads <br> Can sort objects by colour, size, type etc. <br> Big tweezers for large items | Can copy most pre-writing lines (horizontal, wavy, zigzag) <br> Able to complete lacing cards Able to fasten and unfasten large buttons. <br> Can draw a circle after being shown model <br> Big tweezers for medium items | Can touch the tip of each finger to <br> their thumb <br> Fasten and unfasten large buttons <br> Completes puzzles of 4-5 pieces <br> Can copy shapes, right and left oblique lines '/' <br> ' $\backslash$ ', square and $x$ shapes <br> Cut curved and straight lines Big tweezers for small items Begins to print name <br> Use a knife to chop fruit and veg | Get dressed and undressed <br> without support Use a fork correctly <br> Colour a picture with more accuracy <br> Uses dominant hand <br> Cuts out circles and squares <br> Small tweezers with resistance for smaller items Writes own name Spread using a knife. <br> Grate foods with a variety of textures and hardness using a mini grater | Grasps a pencil correctly <br> Write name with accurate letter formation <br> Copies a triangle shape <br> Cuts out complex shapes <br> Opens a lock with a key <br> Draw a diamond when modelled Draws a person with at least 6 different body parts <br> Combine cooking ingredients using a variety of tools (fork, spoon, whisk) |
| $\begin{aligned} & \tilde{ひ} \\ & \tilde{u} \\ & \tilde{u} \\ & \tilde{\sim} \\ & \boldsymbol{u} \end{aligned}$ | Rings/mug trees Crayons/pencils Large pegs ad peg boards Loosely wrapped packages Board books Wooden blocks | Dough <br> Blocks <br> Paper and crayons/ pencils Door knobs/bolts | 3 piece puzzles Blocks <br> Large beads and string Spoons <br> Screw on lids and containers | Pre-writing lines $\frac{1}{2}$ inch beads and string <br> Sorting objects and containers Big tweezers and large items (2inchs) | Pre-writing lines, lacing cards and string, large buttons on material with button holes Paper, crayons and pencils | Finger rhymes, Large buttons on material with button holes, 4-5 piece puzzles Copy shapes and lines | Dressing up clothes and PE kit <br> Forks <br> Colouring sheets and pencils <br> Small tweezers and small items (<1inch) Safety knives | Pencils Paper Shapes to copy Locks and keys Shoes with laces Forks, whisks, spoons |


|  |  |  |  | Big tweezers and <br> medium items (1-2 <br> inches) | Big tweezers for <br> small items ( (linch) <br> Safety knives <br> Copping boards | graters |
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